

Qualification Handbook

BIIAB Level 3 NVQ Diploma in Professional Cookery (Preparation and Cooking)

601/6225/9 C00/0713/1

Version 3



BIIAB Level 3 NVQ Diploma in Professional Cookery (Preparation and Cooking) Handbook

Version and date	Change, alteration or addition	Section
Version 2, March 2016	Unit ERRHLTS change to	Rules of Combination and
	assessment methodology	Structure
	Unit MFSSPCF correction to	Mandatory Units
	numbering of LO7 and text in	
	Evidence Requirements for	
	LO1	
	Units 3FPC4, 3FPC7, 3FPC8,	Unit Pack
	3FPC10, 3FPC14 corrections	
	to Evidence Requirements	
	Unit 3FPC11 correction to	Unit Pack
	AC6.5	
Version 3, January 2018	Updated handbook	Front page, header, Section
	throughout to remove	1, 5, 8, 13
	reference to "QCF"	



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1. About the BIIAB Level 3 NVQ Diploma in Professional Cookery (Preparation and Cooking)

BIIAB is regulated to deliver this qualification by Ofqual, Qualifications Wales and CCEA Regulations in England, Wales and Northern Ireland respectively. The qualification has a unique Qualification Number (QN) which is shown below. Each unit within the qualification will also have a regulatory Unit Reference Number (URN).

The QN code will be displayed on the final certificate for the qualification.

Qualification Title	Qualification Number (QN)	Qualification Wales Approval/Designation Number
BIIAB Level 3 NVQ Diploma in Professional Cookery (Preparation and Cooking)	601/6225/9	C00/0713/1

2. Objective and Purpose of this Qualification

The BIIAB Level 3 NVQ Diploma in Professional Cookery (Preparation and Cooking) has been designed to allow learners to obtain and then demonstrate the skills to work at an operational level in Professional Cookery.

Achievement of this qualification indicates competence. Alongside the BIIAB Level 3 Certificate in Hospitality and Catering Principles (Professional Cookery) and Functional Skills in English and Maths, the qualification is designed to make up the component parts of the Advanced Apprenticeship in Catering and Professional Chefs in England and the Advanced Apprenticeship in Hospitality and Catering in Wales.

The primary purpose of the qualification is to confirm occupational competence. As such, this qualification has value either as a stand-alone qualification or as part of an Apprenticeship.

Due to constant regulatory, policy and funding changes users are advised to check this qualification has been placed in the relevant Apprenticeship Framework and / or is funded for use with individual learners before making registrations. If you are unsure about the qualification's status please contact BIIAB head office.



3. About this Handbook

This handbook has been developed to provide guidance for learners, assessors and verifiers undertaking, delivering, or quality assuring this qualification.

The purpose of the handbook is to provide the majority of the key information that may be needed to prepare for, and help support, the successful delivery of the qualification, in one place.

If this handbook is updated, centres will be notified via the BIIAB monthly newsletter which goes to approved centres.

4. BIIAB Customer Service

BIIAB is committed to giving the highest possible levels of customer service. The BIIAB's Service Level Agreement is available via <u>www.biiab.org</u>.

Our Customer Service team can be contacted between the hours of 0900 and 1700 Monday to Friday by using the contact details below, or outside those hours, by leaving a message on our voicemail service.

Customer Service Contact Details: 01276 684449

Email: customersupport@bii.org

Our Customer Service team will be happy to assist with any administration-related enquiries you may have. For example:

- registration and certification enquiries
- re-certification issues
- Centres available in the local area
- appeals
- whistleblowing.



5. What are Rules of Combination (ROC)?

Under the Regulatory Framework qualifications can be made up of a combination of mandatory and/or optional units. The units and credits required to complete a qualification are set out by the rules of combination (RoC). The RoC allows for flexibility and transferability.

The ROC will specify:

- The total credit value of the qualification
- The amount of credit that must be achieved within specific groupings of units (e.g. Mandatory, Optional Unit, and Optional groups)
- The minimum credit which must be achieved at the level or above the level of the qualification
- The Total Qualification Time (TQT)
- The title, Unit Regulation Number and BIIAB Unit number for each unit, alongside its level, credit, and Guided Learning Hours (GLH)
- Any barred units (units that cannot be taken together as part of the qualification).

When choosing the appropriate route for a learner or group of learners, it is the responsibility of the centre to ensure the rules of combination are adhered to.



6. BIIAB Level 3 NVQ Diploma in Professional Cookery (Preparation and Cooking) Rules of Combination (ROC) and structure

To achieve the BIIAB Level 3 NVQ Diploma in Professional Cookery (Preparation and Cooking) learners **must** gain a **total of 56** credits. This **must** consist of:

- Minimum total credit: 56
- Mandatory Group A minimum credit: 17
 - Optional Group B minimum credit: 33
 - Optional Group C **minimum** credit: **6**
- A **minimum of 40** credits **must** be achieved through the completion of units at **Level 3** and above.
- GLH: **423**
- TQT: 560

The qualification has been developed based upon industry feedback as to the fundamental knowledge and skills required to work in the sector at the level.

Listed below are the qualification units.

Mandatory Group A

Unit No.	URN	Unit Title	Credit	Level	GLH	Assessment Method
H30	M/501/0428	Develop productive working relationships with colleagues	9	2	27	Portfolio
MFSSPCF	D/601/6980	Maintain food safety when storing, preparing and cooking food	4	2	32	Portfolio
MSH3	Y/502/9569	Maintain the health, hygiene, safety and security of the working environment	4	3	27	Portfolio



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Optional Group B

Unit No.	URN	Unit Title	Credit	Level	GLH	Assessment Method
3FP1	F/601/5479	Prepare fish for complex dishes	3	3	21	Portfolio
3FP3	H/601/5488	Prepare meat for complex dishes	4	3	28	Portfolio
3FP4	A/601/5495	Prepare poultry for complex dishes	3	3	23	Portfolio
3FC1	H/601/5507	Cook and finish complex fish dishes	4	3	38	Portfolio
3FC3	M/601/5557	Cook and finish complex meat dishes	4	3	31	Portfolio
3FC4	M/601/5560	Cook and finish complex poultry dishes	4	3	31	Portfolio
3FC6	M/601/5591	Cook and finish complex vegetable dishes	4	3	30	Portfolio
3FPC1	A/601/5657	Prepare, cook and finish complex hot sauces	4	3	25	Portfolio
3FPC11	K/601/5704	Prepare, cook and finish dressings and cold sauces	3	3	20	Portfolio

Optional Group C

Unit No.	URN	Unit Title	Credit	Level	GLH	Assessment Method
3FP2	R/601/5485	Prepare shellfish for complex dishes	4	3	28	Portfolio
3FP5	R/601/54599	Prepare game for complex dishes	4	3	28	Portfolio
3FC2	K/601/5556	Cook and finish complex shellfish dishes	4	3	31	Portfolio
3FC5	A/601/5562	Cook and finish complex game dishes	4	3	36	Portfolio
3FPC2	F/601/5661	Prepare, cook and finish complex soups	4	3	29	Portfolio
3FPC3	R/601/5664	Prepare, cook and finish fresh pasta dishes	4	3	29	Portfolio
3FPC4	D/601/5666	Prepare, cook and finish complex bread and dough products	4	3	27	Portfolio

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Unit No.	URN	Unit Title	Credit	Level	GLH	Assessment Method
3FPC5	H/601/5670	Prepare, cook and finish complex cakes, sponges, biscuits and scones	5	3	35	Portfolio
3FPC6	M/601/5672	Prepare, cook and finish complex pastry products	3	3	29	Portfolio
3FPC7	T/601/5673	Prepare, process and finish complex chocolate products	5	3	42	Portfolio
3FPC8	J/601/5676	Prepare, process and finish marzipan, pastillage and sugar products	5	3	42	Portfolio
3FPC9	L/601/5677	Prepare, cook and present complex cold products	5	3	38	Portfolio
3FPC10	Y/601/5682	Prepare, finish and present canapés and cocktail products	4	3	32	Portfolio
3FPC12	L/601/5694	Prepare, cook and finish complex hot desserts	3	3	26	Portfolio
3FPC13	R/601/5700	Prepare, cook and finish complex cold desserts	3	3	30	Portfolio
3FPC14	D/601/5702	Produce sauces, fillings and coatings for complex desserts	4	3	33	Portfolio
PRO3	A/601/4962	Produce Healthier Dishes	3	2	28	Portfolio
H31	H/502/4097	Contribute to the control of resources	4	3	30	Portfolio
4CDRM	K/502/4117	Contribute to the development of recipes and menus	4	4	22	Portfolio
H32	D/502/4163	Ensure food safety practices are followed in the preparation and serving of food and drink	5	3	35	Portfolio
ERRHLTS	T/601/7214	Employment Rights and Responsibilities in the Hospitality, Leisure, Travel and Tourism Sector	2	2	16	Assessment Knowledge Module



7. Age Restriction

The qualification in this handbook is appropriate for use in the following age ranges:

- 16-18
- 19+.

8. Entry Requirements and Progression

There are no entry requirements for this qualification. However, learners must be assessed to ensure they have a reasonable chance of achievement and will be able to generate the required evidence.

This qualification shows the learner has gained Level 3 skills in professional cookery. It may help the learner to improve performance at work or get promoted into roles working with more autonomy.

Upon completion, the learner may be ready to progress to a higher level, for example by undertaking the following qualifications:

- BIIAB Level 4 Diploma in Tourism and Catering
- BIIAB Level 4 NVQ Diploma in Management



9. Assessment

Overview of assessment strategy

The qualification contains competence units and a knowledge unit. Competence units are assessed following NVQ principles.

Assessors **must** refer to the People 1st set Evidence Requirements and ensure they are being met in full for the 'what you must know', 'what you must do' and 'what you must cover'. The Evidence Requirements are available to download from the Hospitality section of the BIIAB CentreZone website. They have also been included within the units in the handbook and unit pack.

BIIAB has developed an Assessment Knowledge Module (AKM) for unit ERRHLTS. AKMs are internally marked assessments, containing a series of questions, marked and internally verified by the centre and with external verification by the BIIAB External Quality Assurer (EQA).

Assessments provided by BIIAB will ensure that effective learning has taken place and that learners have the opportunity to:

- Meet the assessment criteria
- Achieve the learning outcomes.

Assessment process

Assessment is the process used to judge the competence, of a learner, against set standards.

The assessor is the person who is responsible for determining learners' competence. The assessor may be a work place supervisor or an external person who is trained and qualified, or working towards a qualification relevant to the assessor role.

Assessors base their judgement on performance and decide how it compares to the national standard. The assessor will also ask questions based on the knowledge required to do the work, to ascertain the knowledge and understanding of the learner.

When the required units have been completed and the assessor is satisfied that the learner has met the national standard, a recommendation for a certificate will be made.

An Internal Quality Assurer (IQA) is responsible for the quality assurance of the qualifications within the training organisation and will provide advice, guidance and support to the assessors. IQAs also ensure that the assessors apply the standards consistently and fairly. The IQA will see review the portfolio of evidence during the assessment process.

An External Quality Assurer (EQA), who is appointed by BIIAB, will verify the assessment and internal verification decisions involved in the development of the portfolio. The EQA will quality assure the qualification process, which ensures that certification of the qualification is reliable, consistent and to the national standard, by checking the consistency of assessments made by the training provider, and across training providers.

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Assessment Strategy

All assessment must adhere to the current People 1st assessment strategy for this qualification.

The assessment strategy for this qualification can be seen in the section which follows and it provides details of the key requirements for the qualification and the assessor, verifiers delivering, quality assuring and certificating the qualification.

People 1st Assessment Strategy

Occupational expertise of assessors and verifiers

The requirements relating to the occupational expertise of assessors and verifiers is set out in Table 1. Guidance on additional qualifications and / or training relevant to assessors and verifiers can be found in Table 2.

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Table 1 - Occupational Expertise of Assessors and Verifiers

The requirements set out below relate to all assessors and verifiers. The only exception may relate to in-house employees and managers that are not required to achieve the regulatory approved assessor and verified units based on the arrangement referred to in section 4.1 of this assessment strategy.

✓= mandatory

Assessors, Internal Quality Assurers and External Quality Assurers must:	A	IQA	EQA
Have a good knowledge and understanding of the national occupational standard and competence based units and qualifications that is being assessed or verified.	~	~	~
Hold or be working towards relevant assessment and/or verification qualification(s) as specified by the appropriate authority, confirming their competence to assess or externally verify competence based units and qualifications assessment. These should be achieved within eighteen months of commencing their role. These are as follows:		✓	
Have relevant occupational expertise and knowledge, at the appropriate level of the occupational area(s) they are assessing and verifying, which has been gained through 'hands on' experience in the industry	~	√	
Adhere to the awarding organisation's assessment requirements and practice standardised assessment principles	✓	~	~
Have sufficient resources to carry out the role of assessor or verifier, i.e. time and budget	~	\checkmark	
Have supervisory/management, interpersonal and investigative skills, including the ability to analyse information, hold meetings, guide, advise, plan and make recommendations at all levels, taking into account the nature and size of the organisation in which assessment is taking place. High standards of administration and record keeping are also essential.		×	
Hold qualifications, or have undertaken training, that has legislative relevance to the competence based units and qualifications being assessed (See Table 2).	✓	Good Practice	Good Practice
Update their occupational expertise and industry knowledge in the areas being assessed and verified through planned Continuous Professional Development (see Table 3).	~	×	~

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Table 2 - Qualifications and Training relevant to Assessors and Verifiers

The following sets out areas in which assessors, verifiers and external verifiers should either receive training or achieve qualifications. People 1st is not stipulating that assessors, verifiers or external verifiers must achieve specific qualifications, there is the option to either undertake appropriate training or an accredited qualification.

✓ = mandatory

Qualification / Training	Competence based	Α	IQA	EQA
	unit / qualification			
Health and Safety	All sector units and	✓	Good	Good
	qualifications		Practice	Practice
Food Safety	Food Processing and Cooking	✓	Good	Good
			Practice	Practice
	Multi-Skilled Hospitality	\checkmark		
	Services			
	Professional Cookery	✓		
		1		
	Food and Drink Service	v		
	Hospitality Supervision and	\checkmark		
	Leadership (with food and			
	drink units)			
Licensing	Food and Drink Service	~	Good	
			Practice	
	Hospitality Supervision (with			
	food and drink units)			

Continuous Professional Development

To maintain high standards of quality and standardisation within assessment, and achieve best practice People 1st require all external verifiers, internal verifiers and assessors to maintain a record of their continuous professional development – see guidance at Table 3.



Table 3 - Continuous Professional Development for Assessors and Verifiers

It is necessary for assessors and verifiers to maintain a record of evidence of their continuous professional development (CPD). This is necessary to maintain currency of skills and understanding of the occupational area(s) being assessed, and can be achieved in a variety of ways. It should be a planned process, reviewed on an annual basis, for example as part of an individual's performance review.

Assessors and verifiers should select CPD methods that are appropriate to meeting their development needs. The following provides an example of a variety of methods that can be utilised for CPD purposes.

Updating occupational expertise	 Internal and external work placements Work experience and shadowing (e.g. within associated departments) External visits to other organisations Updated and new training and qualifications Training sessions to update skills Visits to educational establishments Trade fairs
Keeping up to date with sector developments and new legislation	 Relevant sector websites Membership of professional bodies Papers and documents on legislative change Networking events Seminars, conferences, workshops, membership of committees / working parties (e.g. People 1st events) Staff development days
Standardising and best practice in assessment	 Regular standardisation meetings with colleagues Sharing best practice through internal meetings, newsletters, email circulars Comparison of assessment and verification in other sectors Attending awarding organisation meetings / seminars

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Assessment

People 1st advocate the integration of national occupational standards within employers' organisations in order to achieve a national level of competence across the sector's labour market.

As such assessment of the sector's competence based units and qualifications will, ideally, take place within the workplace and assessment should, where possible, be conducted by the candidate's supervisors and/or line managers. People 1st recognise, however, that it is not always feasible for candidates to be assessed in the workplace and as such it permits the use of assessment within Realistic Working Environments (RWE). Additionally, where sector employers do not have the infrastructure to manage assessment independently, it values the role of peripatetic assessors to support the assessment process.

Within these parameters, People 1st expects that:

- the majority of assessment of the sector's competence based units and qualifications will be based on performance evidence, i.e. direct observation, outputs of work and witness testimony within the workplace or an RWE approved by an awarding organisation, (see section 3.4 of People 1st Assessment Strategy).
- opportunities to ascertain candidate's accreditation of prior learning is maximised by early contact between the assessor and candidate and during initial assessment / induction period.

Simulation

Simulation can only be used to assess candidates for the sector's competence based units and qualifications where the opportunity to assess naturally occurring evidence is unlikely or not possible, for example assessment relating to health and safety, fire and emergency procedures. It should not include routine activities that must be covered by performance evidence.

There are no People 1st units that can be solely achieved by simulation. In the case of imported units, where simulation is acceptable in the evidence requirements, it should only be used when performance evidence is unlikely to be generated through normal working practices.

See Annex A of the Assessment Strategy for competence based units which permit the use of simulation.



Appeals

If learners are dissatisfied with an assessment outcome, they have the right to appeal. The main reasons for an appeal are likely to be:

- Learners do **not** understand why they are **not** yet regarded as competent, because of unsatisfactory feedback from the assessor
- Learners believe they are competent and that the assessor has misjudged them, or has failed to utilise some vital evidence.

BIIAB expects most appeals from candidates to be resolved within the centre. BIIAB will only consider a candidate's appeal after the centre's internal appeals procedure has been fully exhausted.

For full details of the BIIAB's appeals procedure please refer to <u>www.biiab.org</u>



10. Initial Assessment and Induction

Prior to the start of any programme it is recommended that centres should make an initial assessment of each learner. This is to ensure that the learners are entered for an appropriate type and level of qualification.

The initial assessment should identify the specific training needs that the learner has, and the support and guidance that they may require when working towards their qualification.

The centre must also identify any units the learner has already completed, or credits they have accumulated, relevant to the qualification.

BIIAB suggests that centres provide an induction programme to ensure the learner fully understands the requirements of the qualification they will work towards, their responsibilities as a learner, and the responsibilities of the centre.

11. Resources

BIIAB provides the following additional resources for this qualification:

- Evidence matrices for the competence / NVQ units
- a Learner Summative Reflection
- Access to the units

All of these resources are available for download via The Hub on <u>centrezone.bii.org</u>.

The Hub is a secure area within CentreZone which centres approved for the qualification can access. The Hub contains documents relevant to the qualification. Centres will find The Hub on the list of tabs in CentreZone.

Access to the Units

Units form the qualification and the standard that **must** be achieved in order to be awarded each unit. This is covered within the learning outcomes, assessment criteria and the indicative content that form part of the delivery. The majority of these units are written by the Sector Skills Council, although some are written by other organisations. BIIAB includes the mandatory units within this pack, and makes all units available via <u>centrezone.bii.org</u>

Learner Summative Reflection

In order to claim the unit(s) for the qualification, the learner will need to complete a learner summative reflection, to reflect on their qualification, what they have learnt and how they have been able to apply this within their work role.



12. Design and Delivery

Centres must refer to the units that form the qualification and the standard that must be achieved in order to be awarded each unit. This is covered within the learning outcomes and assessment criteria that form part of the delivery.

Each unit within this qualification has been allocated a number of Guided Learning Hours (GLH).

This can include activities such as training/class room based sessions, tutorials, supervised study or supervised 'on-the-job' learning and face-to-face or other pre-arranged 1:1 teaching sessions (e.g. simultaneous electronic communication such as webcam contact or internet messaging). It could also include time spent undertaking assessments.

The qualification will be assigned Total Qualification Time (TQT), which, as well as GLH, will include the estimated number of hours spend in preparation, study or any other supervised learning, study or assessment for an average learner.

When planning how to deliver the qualification it is important to refer to this definition.

Centres must refer to the Assessment Principles and Additional Requirements detailed in this handbook when planning the delivery and assessment of these qualifications.



13. Format of Units

All units within this qualification will be presented in a standard format that is consistent with the format for all units of assessment. The format will give tutors and learners guidance as to the requirements of the unit for successful completion. Each unit within this specification will be in the format below:

Unit Title

This will be shown as it appears on the Register of Regulated Qualifications (<u>http://register.ofqual.gov.uk</u>).

Unit Number / Unit Reference Number (URN)

The Unit Reference Number is the unique code that the unit is given by the Regulator. This unit will be referenced on the final qualification certificate. The same unique code for the unit applies in whichever qualification the unit is included within. BIIAB also assign unique unit numbers which normally is consistent when the unit is used in multiple BIIAB qualifications.

Level

This identifies the level of demand for the unit, but may be a different level to that of the overall qualification. The level of the units will be set according to National Occupational Standards and the level descriptors.

Credit

When a whole unit is completed the learner will achieve credits specified by the number of hours' learning time it will take an average learner to complete the unit including the assessment.

Guided Learning Hours (GLH)

The required number of hours that learning should take place under the immediate guidance or supervision of a lecturer, supervisor, tutor or other appropriate provider of education or training.

Learning Outcomes and Assessment Criteria

Learning Outcomes are what the learner is expected to know, understand or be able to do upon successful completion of the unit.

Assessment Criteria are descriptions of the requirements that a learner is expected to meet in order to demonstrate that a learning outcome has been achieved.



14. Initial Registration

Registration and Certification

Learners should be registered and certificated via BIIAB's On-line Registration and Certification Service (ORCS) <u>www.orcs.biiab.org</u>. Please refer to BIIAB's Centre Guidance for using ORCS.

Equal Opportunities and Diversity Policy

BIIAB has in place an equal opportunities policy, a copy can be found at http://centrezone.bii.org/thehub/apprenticeships/qadocuments.

BIIAB is committed to ensure that:

- Approved centres operate an equal opportunities policy
- Approved centres communicate the policy to staff and learners
- Approved centres have an effective complaints and appeals procedure of which both staff and learners are made aware
- Approved centres are aware of their responsibilities in providing equality of opportunity, particularly with regard to provision for learners with particular assessment requirements.

Reasonable Adjustment Policy

Learners who require reasonable adjustments for their assessments must inform their assessor at the beginning of their course of their requirements. BIIAB has a reasonable adjustment policy in place, a copy of which is provided to all BIIAB approved centres and can be found at http://centrezone.bii.org/thehub/apprenticeships/qadocuments.



15. Qualification Review and Feedback

BIIAB is committed to the ongoing review of this qualification to ensure it remains fit for purpose.

This review approach involves the collation of evidence in the form of any information, comments and complaints received from users of this qualification in relation to its development, delivery and award.

BIIAB will give due regard to any credible evidence received which suggests that a change in approach to the development, delivery and award of this qualification is required in order to ensure that no adverse effects will result. This qualification will be reviewed and revised to ensure the approach remains appropriate and that it is fit for purpose.

16. Mandatory Units

The following units are mandatory for this qualification. For access to all optional units please visit <u>centrezone.bii.org</u>.



Unit Title	Devel	op productive working relationships with colleagues				
BIIAB Reference	H30					
Level	2					
Credit Value	9					
GLH	27					
Unit Reference No.		1/0428				
Learning Outcome - The learner will:	-	sment Criterion - The learner can:				
1 Develop productive working		Establish working relationships with all colleagues who				
relationships with colleagues		are relevant to the work being carried out				
		Recognise, agree and respect the roles and				
		responsibilities of colleagues				
	1.3	Understand and take account of the priorities,				
		expectations, and authority of colleagues in decisions and actions				
		Fulfil agreements made with colleagues and let them know				
		Advise colleagues promptly of any difficulties or where it will be impossible to fulfil agreements				
	1.6	Identify and sort out conflicts of interest and				
		disagreements with colleagues in ways that minimise				
		damage to the work being carried out				
		Exchange information and resources with colleagues to make sure that all parties can work effectively				
		Provide feedback to colleagues on their performance and seek feedback from colleagues on their own				
		performance in order to identify areas for improvement				
2 Use appropriate behaviours for		Present information clearly, concisely, accurately and in				
developing productive working		ways that promote understanding				
relationships with colleagues		Demonstrate that they seek to understand people's needs and motivations				
	2.3	Demonstrate that they make time available to support others				
	2.4	Demonstrate that they clearly agree what is expected of others and hold them to account				
	2.5	Demonstrate that they know how to work to develop an				
	2.6	atmosphere of professionalism and mutual support Demonstrate model behaviour that shows respect,				
	2.7	helpfulness and co-operation Demonstrate that they keep promises and honour commitments				
		Consider the impact of their own actions on others				
		Say no to unreasonable requests				
		Demonstrate that they show respect for the views and				
		actions of others				



Unit Title	Develop productive working relationships with colleagues	
BIIAB Reference	H30	
Level	2	
Credit Value	9	
GLH	27	
Unit Reference No.	M/501/0428	
Learning Outcome - The learner will:	Assessment Criterion - The learner can:	
3 Know and understand how to develop productive working relationships with colleagues using general knowledge	 3.1 Demonstrate the benefits of developing productive working relationships with colleagues 3.2 Demonstrate the principles of effective communication and how to apply them in order to communicate effectively with colleagues 3.3 Demonstrate how to identify disagreements with colleagues and the techniques for sorting them out 3.4 Demonstrate how to identify conflicts of interest with colleagues and the measures that can be used to manage or remove them 3.5 Demonstrate how to take account of diversity issues when developing working relationships with colleagues 3.6 Demonstrate the importance of exchanging information and resources with colleagues 3.7 Demonstrate how to get and make use of feedback on their performance from colleagues with useful 	
4 Know and understand how to develop productive working relationships with colleagues using industry and sector specific knowledge	 feedback on their performance 4.1 Demonstrate they know about regulations and codes of practice that apply in the industry or sector 4.2 Demonstrate they know about standards of behaviour and performance in the industry or sector 4.3 Demonstrate they know about the working culture of th industry or sector 	
5 Know and understand how to develop productive working relationships with colleagues using context specific knowledge	 5.1 Identify current and future work being carried out 5.2 Identify colleagues who are relevant to the work being carried out, their work roles and responsibilities 5.3 Identify processes within the organisation for making decisions 5.4 Identify line management responsibilities and relationships within the organisation 5.5 Practise the organisation's values and culture 5.6 Identify power, influence and politics within the 	
	 organisation 5.7 Adhere to standards of behaviour and performance expected in the organisation 5.8 Identify information and resources that different colleagues might need 5.9 Reach agreements with colleagues 	



Unit Title	Maintain food safety when storing, preparing and cooking food		
BIIAB Reference	MFSSPCF		
Level	2		
Credit Value	4		
	-		
GLH	32		
Unit Reference No.		1/6980	
Learning Outcome - The learner will:	Asses	ssment Criterion - The learner can:	
1 Be able to keep yourself clean and hygienic	1.1	Wear clean and hygienic clothes appropriate to the jobs being undertaken	
	1.2	Tie hair back and/or wear appropriate hair covering	
	1.3	Only wear jewellery and other accessories that do not	
		cause food safety hazards	
	1.4 1.5	Change clothes when necessary Wash hands thoroughly at appropriate times	
	1.5 1.6	Avoid unsafe behaviour that could contaminate the food	
	1.0	working with	
	1.7	Report any cuts, boils, grazes, illness and infections promptly to the appropriate person	
	1.8	Make sure any cuts, boils, skin infections and grazes are	
		treated and covered with an appropriate dressing	
2 Know how to keep yourself clean and	2.1	State why clean and hygienic clothes must be worn	
hygienic	2.2	State why hair must be tied back or an appropriate hair covering be worn	
	2.3	State the different types of protective clothes are appropriate for different jobs in storage, preparation and cooking food	
	2.4	Describe the food safety hazards that jewellery and accessories can cause	
	2.5	State when clothing should be changed	
	2.6	State the importance of changing clothes	
	2.7	State why hands must be washed after going to the toilet, before going into food preparation and cooking areas, after touching raw food and waste, before handling ready-to-eat food	
	2.8	Describe how to wash hands safely	
	2.9	State the importance of not handling food when open cuts are present	
	2.10	Describe what to do if anyone has an open cut	
	2.11	State the importance of reporting illnesses and infections promptly	
	2.12	State why stomach illnesses are particularly important to report	
	2.13	State the importance of avoiding touching face, nose or mouth, blowing nose, chewing gum, eating, smoking	
		when working with food	



Unit Title	Maintain food safety when storing, preparing and cooking			
	food			
BIIAB Reference	MFS	MFSSPCF		
Level	2			
Credit Value	4			
GLH	32			
Unit Reference No.		01/6980		
Learning Outcome - The learner will:		ssment Criterion - The learner can:		
	3.1			
3 Be able to keep working area clean and hygienic	5.1	Make sure surfaces and equipment are clean and in good condition		
	3.2	Use clean and suitable cloths and equipment for wiping and		
		cleaning between tasks		
	3.3	Remove from use any surfaces and equipment that are		
		damaged or have loose parts		
	3.4	Report damaged surfaces, equipment to the person		
	3.5	responsible for food safety Dispose of waste promptly, hygienically and appropriately		
	3.6	Identify, take appropriate action on any damage to walls,		
	5.0	floors, ceilings, furniture and fittings		
	3.7	Report any damage to walls, floors, ceilings, furniture and		
		fittings to the appropriate person		
	3.8	Identify, take appropriate action on any signs of pests		
	3.9	Report any signs of pest to the appropriate person		
4 Know how to keep working area	4.1	State why surfaces and equipment must be clean, hygienic		
clean and hygienic		and suitable for the intended use before beginning a new		
	12	task		
	4.2	Describe how to ensure that surfaces and equipment are clean, hygienic and suitable for the intended use before		
		beginning a new task		
	4.3	State the importance of only using clean and suitable cloths		
		when cleaning before tasks		
	4.4	State how to ensure that clean and suitable cloths are used		
		before tasks		
	4.5	Explain why surfaces and equipment that are damaged or		
	4.6	have loose parts can be hazardous to food safety List the types of damaged surfaces or equipment that can		
	 0	cause food safety hazards		
	4.7	Describe how to deal with damaged surfaces and equipment		
	4.8	State the importance of clearing and disposing of waste		
		promptly and safely		
	4.9	Describe how to safely dispose of waste		
	4.10	Describe how damage to walls, floors, ceilings, furniture,		
	<u>4</u> 11	food equipment and fittings can cause food safety hazards State the types of damage that should be looked out for		
		State the types of pests that could be found in catering		
		operations		
	4.13	State how to recognise the signs that pests may be present		



Unit Title	Maintain food safety when storing, preparing and cooking food		
BIIAB Reference	MFSSPCF		
Level	2		
Credit Value	4		
GLH	32		
Unit Reference No.		01/6980	
Learning Outcome - The learner will:		ssment Criterion - The learner can:	
5 Be able to store food safely	5.1	Check that food is undamaged, at appropriate temperature	
5 be able to store rood salely	5.1	and within 'use-by-date' on delivery	
	5.2	Look at and retain any important labelling information	
	5.3	Prepare food for storage	
	5.4	Place food in storage as quickly as necessary to maintain its	
		safety	
	5.5	Make sure storage areas are clean, suitable and maintained	
		at the correct temperature for the type of food	
	5.6	Store food so that cross contamination is prevented	
	5.7 5.8	Follow stock rotation procedures Safely dispose of food that is beyond 'use-by-date'	
	5.8	Keep necessary records up-to-date	
6 Know how to store food safely	6.1	State the importance of making sure food deliveries are	
o know now to store rood safely	0.1	undamaged, at the correct temperature and within use-by-	
		date	
	6.2	State the importance of preparing food for storage	
	6.3	State why food must be put in the correct storage area	
	6.4	State the temperature food should be stored at	
	6.5	State the importance of keeping storage areas clean and	
	6.6	tidy	
	6.6	Describe what to do if storage areas are not clean and tidy	
	6.7	State the importance of storing food at the correct temperature	
	6.8	Describe how to store food at the correct temperature	
	6.9	State what types of food are raw	
	6.10	State why types of food are ready-to-eat	
		State why stock rotation procedures are important	
	6.12	State why food beyond its 'use-by-date' must be disposed of	
7 Be able to prepare, cook and hold	7.1	Check food before and during operations for any hazards	
food safely	7.2	Follow correct procedures for dealing with food hazards	
	7.3	Follow organisational procedures for items that may cause	
	7 4	allergic reactions	
	7.4	Prevent cross-contamination between different types of	
	7.5	food Use methods, times, temperatures and checks to make sure	
	food is safe following operations		
	7.6	Keep necessary records up-to-date	



Unit Title	Main food	Maintain food safety when storing, preparing and cooking food		
BIIAB Reference	MFSS	MFSSPCF		
Level	2			
Credit Value	4			
GLH	32			
Unit Reference No.	D/60	1/6980		
Learning Outcome - The learner will:	Assessment Criterion - The learner can:			
8 Know how to maintain food safety	8.1	Describe how to operate a food safety management		
		system		
	8.2	Explain the concept of hazards to food safety in a catering		
		operation		
	8.3	State the necessity of controlling hazards to food safety in		
		order to remove or keep risks to a safe level		
	8.4	Describe what may happen if hazards are not controlled		
	8.5	State the types of hazards that may occur in a catering operation		
	8.6	Describe how to control hazards by cooking, chilling,		
		cleaning and the avoidance of cross-contamination		
	8.7	State why monitoring is important		
	8.8	State the key stages in the monitoring process		
	8.9	State the importance of knowing what to do when things		
		go wrong		
	8.10	State why some hazards are more important than others in		
		terms of food safety		
	8.11	State who to report to if there are food safety hazards		



Unit Title	Maintain food safety when storing, preparing and cooking		
	food		
BIIAB Reference	MFSSPCF		
Level	2		
Credit Value	4		
GLH	32		
Unit Reference No.	D/60	1/6980	
Learning Outcome - The learner will:	Asses	sment Criterion - The learner can:	
9 Know how to prepare, cook and hold food safely		State why it is necessary to defrost foods before cooking State when it is necessary to defrost foods before cooking Describe how to safely and thoroughly defrost food before cooking	
	9.4	Describe how to recognise conditions leading to safety hazards	
	9.5	State what to do if any food safety hazards are discovered	
	9.6	State the importance of knowing that certain foods cause allergic reactions	
	 9.7 Describe organisational procedures to deal with for possible of causing allergic reactions 9.8 State what to do if a customer asks if a particular of free from certain food allergen 9.9 Describe how cross-contamination can happen be different food types 9.10 Describe how to avoid cross-contamination betwee different food types 		
	9.11	Explain why thorough cooking and reheating methods should be used	
	9.12	State cooking, reheating, temperatures and times to use for food being worked with	
	9.13	Describe how to check that food is thoroughly cooked or safely reheated	
	9.14	State the importance of making sure that food is at the correct temperature before and during holding, prior to serving it to the customer	
	9.15	State the types of foods that may need to be chilled or frozen because they are not for immediate consumption	
	9.16	Describe how to safely store food not for immediate consumption	



Unit Title	Maintain food safety when storing, preparing and cooking			
	food			
BIIAB Reference	MFSSPCF			
Level	2			
Credit Value	4			
GLH	32			
Unit Reference No.	D/601/6980			
Learning Outcome - The learner will:	Assessment Requirements and Evidence Requirements			
1 Be able to keep yourself clean and hygienic	The assessor must assess criteria 1.1, 1.2, 1.3 and 1.5 by directly observing the learner's work.			
	The assessor may assess assessment criteria 1.4, 1.6, 1.7 and 1.8 through questioning or witness testimony if no naturally occurring evidence is available.			
	There must be performance evidence, gathered through observing the learner's work for:			
	 at least four from clothes a) trousers b) tops/jackets c) coats d) disposable gloves e) shoes f) headgear g) aprons at least five from appropriate times to wash your hands a) after going to the toilet or in contact with faeces b) when going into food preparation and cooking areas including after any work breaks c) after touching raw food and waste d) before handling raw food e) after disposing of waste f) after cleaning g) changing dressings or touching open wounds 			
	 none from unsafe behaviour a) failure to wash hands thoroughly when necessary b) touching your face, nose or mouth, blowing your nose c) chewing gum d) eating e) smoking f) scratching 			
	Evidence for the remaining assessment criteria may be assessed through questioning or witness testimony.			



Unit Title	Maintain food safety when storing, preparing and cooking		
BIIAB Reference	food MFSSPCF		
	2		
Level Credit Value	4		
GLH	32		
Unit Reference No.	D/601/6980		
Learning Outcome - The learner will:	Assessment Requirements and Evidence Requirements		
3 Be able to keep working area clean	The assessor must assess assessment criteria 3.1, 3.2, 3.5 and		
and hygienic	3.6 by directly observing the learner's work.		
	The assessor may assess assessment criteria 3.3, 3.4, 3.5, 3.8 and 3.9 through questioning or witness testimony if no naturally occurring evidence is available.		
	There must be performance evidence, gathered through observing the learner's work for:		
	at least two from surfaces and equipment		
	 a) surfaces and utensils for preparing, cooking and holding food b) surfaces and utensils used for displaying and serving food c) appropriate cleaning equipment 		
	Evidence for the remaining assessment criteria may be assessed through questioning or witness testimony.		
5 Be able to store food safely	The assessor must assess assessment criteria 5.1, 5.2, 5.3, 5.4, 5.5, 5.6 and 5.7 by directly observing the learner's work.		
	The assessor may assess assessment criteria 5.8 and 5.9 through questioning or witness testimony if no naturally occurring evidence is available.		
	There must be performance evidence, gathered through observing the learner's work for:		
	 at least two from storage areas 		
	a) ambient temperature b) refrigerator c) freezer		
	Evidence for the remaining assessment criteria may be assessed through questioning or witness testimony.		



Unit Title	Maintain food safety when storing, preparing and cooking food			
BIIAB Reference	MESSPCE			
Level	2			
Credit Value	4			
GLH	32			
Unit Reference No.	D/601/6980			
Learning Outcome - The learner will:				
7 Be able to prepare, cook and hold food safely	The assessor must assess assessment criteria 7.4, 7.5 and 7.5 by directly observing the learner's work.			
	The assessor may assess assessment criteria 7.1, 7.2, 7.3 and 7.6 through questioning or witness testimony if no naturally occurring evidence is available.			
	There must be performance evidence, gathered through observing the learner's work for:			
	• at least four from operations			
	 a) defrosting food b) preparing food, including washing and peeling c) cooking food d) reheating food e) holding food before serving f) cooling cooked food not for immediate consumption g) freezing cooked food not for immediate consumption 			
	• none from hazards			
	a) bacteria and other organisms b) chemical c) physical d) allergenic			
	Evidence for the remaining assessment criteria may be assessed through questioning or witness testimony.			



Unit Title	Maintain the health, hygiene, safety and security of the working environment		
BIIAB Reference	MSH3		
Level	3		
Credit Value	4		
GLH	27		
Unit Reference No.	Y/502/9569		
Learning Outcome - The learner will:	Assessment Criterion - The learner can:		
1 Be able to maintain the health, hygiene, safety and security of the working environment	 1.1 Obtain information on the health, hygiene, safety and security procedures in own area of responsibility 1.2 Ensure colleagues have relevant information on the health, hygiene, safety and security issues within own area of responsibility 1.3 Inform colleagues about the importance of following health, hygiene, safety and security procedures 1.4 Check that colleagues follow the health, hygiene, safety and security procedures in own area of responsibility 1.5 Monitor own area of responsibility for risks to health, hygiene, safety and security 1.6 Deal with risks and accidents promptly, following organisational and legal requirements for safeguarding customers and staff 		
	 1.7 Follow organisational procedures when recording or reporting risks and any health, hygiene, safety or security action taken 1.8 Pass on information about how health, hygiene, safety or security procedures are working 1.9 Recommend improvements for health, hygiene, safety or security procedures 		



Unit Title	Maintain the health, hygiene, safety and security of the			
	work	working environment		
BIIAB Reference	MSH3			
Level	3			
Credit Value	4			
GLH	27			
Unit Reference No.	Y/50	2/9569		
Learning Outcome - The learner will:	Asse	ssment Criterion - The learner can:		
2 Understand the importance of	2.1	Identify the statutory authorities that enforce the health,		
maintaining the health, hygiene,		hygiene and safety laws and regulations		
safety and security of the working	2.2	Explain the implications of breaking the law on health,		
environment		hygiene and safety for - individuals - organisation		
	2.3	Describe the main areas of health, hygiene and safety		
		laws and regulations for own area of responsibility		
	 2.4 Describe the organisation's health, hygiene, safety and security procedures for own area of responsibility 2.5 Describe own responsibilities for health, hygiene, safety and security 2.6 Explain the importance of making sure permanent and temporary staff are aware of relevant procedures 2.7 Explain how to communicate with colleagues on issues 			
		relating to health, hygiene, safety, and security		
	2.8	Identify the person responsible in the organisation for		
		first aid, health, hygiene, safety and security and their		
	2.0	responsibilities		
	2.9 Explain the organisation's emergency procedures			
	2.10	Describe the evacuation procedures that relate to own area of responsibility		
	2.11			
		recording and storing information about health, hygiene,		
		safety and security		
	2.12			
		making recommendations about health, hygiene, safety		
		and security		
	2.13 Identify who to make recommendations to regarding			
		health, hygiene, safety and security		



Unit Title	Maintain the health, hygiene, safety and security of the			
		working environment		
BIIAB Reference	MSH3			
Level	3			
Credit Value	4			
GLH	27			
Unit Reference No.	Y/502/9569			
Learning Outcome - The learner will:	Asse	ssment Criterion - The learner can:		
3 Understand how to maintain the	3.1	Identify information about health, hygiene, safety and		
health, hygiene, safety and security		security that should be recorded and stored		
of the working environment	3.2	Identify other people and organisations who need to		
		have access to information about health, hygiene, safety		
		and security		
	3.3	Identify the information on health, hygiene, safety and		
		security that external authorities may need to access		
	3.4	Identify the potential health, hygiene, safety and security		
	 hazards that exist, or may exist, in own area of responsibility 3.5 Explain how to monitor own area of responsibility to ensure maintenance of health, bugiene, safety and 			
		ensure maintenance of health, hygiene, safety and		
	security of employees, customers and other members of the public			
	3.6 Identify how frequently health, hygiene, safety and			
	 security inspections should be carried out 3.7 Explain how to assess the potential risks associated with 			
	the typical health, hygiene, safety and security hazards in			
		own area of responsibility		
	3.8	Explain how to eliminate or minimise the risk associated		
	with potential health, hygiene, safety and security			
	 hazards 3.9 Explain the limits of own authority when dealing with risks and hazards 3.10 Explain the procedures to deal with faults of equipment in own area of responsibility 			
	3.11 Explain how to develop contingency plans to reduce the			
		impact of any health, hygiene, safety and security		
	2 4 2	problems that occur		
	3.12	Explain the procedure to follow in the event of an		
		emergency, including - bomb alert - fire		



The purpose of this summative reflection is to enable you, the learner, to reflect on your qualification, what you have learnt and how you have been able to apply this within your work role.

You will need to complete your statement in the space provided below and sign and date the document. Alternatively you and your assessor may wish to record your reflection on a voice recorder.

Learner Name: ______

Qualification Unit Summary

Unit No.	Completion Date	Assessor Signature	Unit No.	Completion Date	Assessor Signature

BIIAB Level 3 NVQ Diploma in Professional Cookery
(Preparation and Cooking) Handbook



Learner Reflection

Learner Signature: ______

Date:

Assessor Signature: _____

Date:

Learner Summative Reflection



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Learner Name: ______

Qualification Unit Summary

Unit No.	Completion Date	Assessor Signature	Unit No.	Completion Date	Assessor Signature

Learner Reflection

Learner Signature:	Date:	_
Assessor Signature:	Date:	
		_
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Infor House 1 Lakeside Road Farnborough Hampshire GU14 6XP